

# CLOVERLEAF

NEWS FROM SNOHOMISH COUNTY WSU EXTENSION • September 2010

## Remarks from the Park...

Many people were introduced to the Essential Elements during the Evergreen State Fair. I thought I would take the opportunity to discuss those elements one at a time. This month, I will begin with Mastery. What does mastery mean in the 4-H program? Is it showing a Grand Champion? Not exactly. Mastery in 4-H means being able to be successful at something. You don't have to be THE best, just YOUR best.

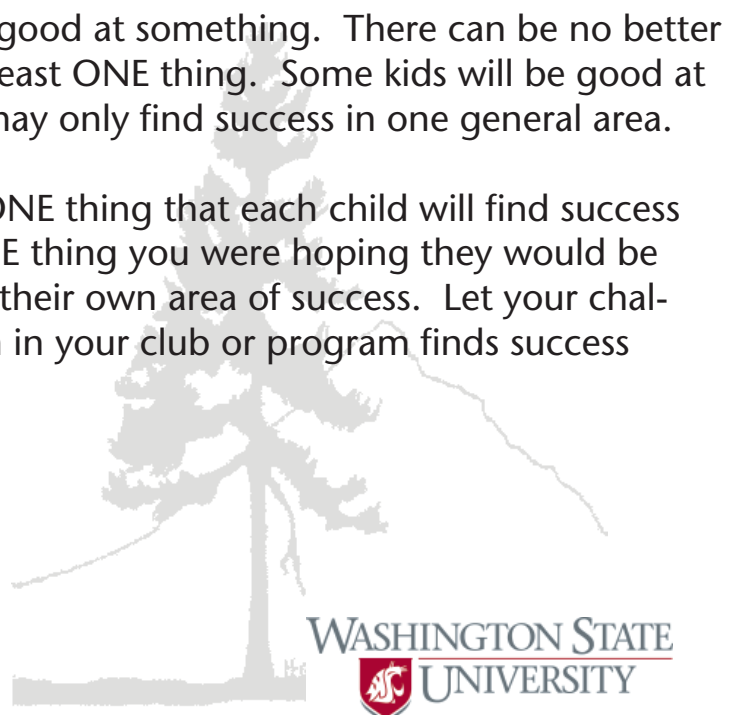


Many of our youth don't have a chance to be good at something. There can be no better feeling than knowing that you are good at at least ONE thing. Some kids will be good at many things, but there are many youth who may only find success in one general area.

It is the goal of the 4-H program to find that ONE thing that each child will find success with. Keep in mind, this might not be the ONE thing you were hoping they would be good at. Our goal is to help EACH youth find their own area of success. Let your challenge be to make sure that each young person in your club or program finds success somewhere in the 4-H program this year.



Jana S. Ferris  
County Extension Faculty



# Kudos

To Phil Stout for spending 10 hours rebuilding our 3 quiz bowls that needed repair. Way to go!!!

To everyone that helped out with fair contests and events, that made things run smoothly for our youth.

To all the youth that qualified for State, have fun and do your best.

**my4-H, September 29, 2010, 7:00 pm  
at the Evergreen State Fairgrounds, Beef Pavillion**



## VOLUNTEER'S RECOGNITION DINNER

**WHEN:** October 9th, 2010  
**TIME:** 6:30 p.m.  
**WHERE:** South Lake Stevens Grange Hall  
2109 103rd Ave. SE  
Lake Stevens, WA 98258



If you are a currently enrolled 4-H leader, your 4-H Council & Extension Staff would like to invite you to attend a Volunteer's Recognition Dinner for all your hard work during this past year. Meet & share with other volunteers of different programs the thing that went well and worked, as well as the things that didn't work so well. Kind a meet & greet idea exchange with dinner provided by your 4-H Council. Good food, good company, door prizes, entertainment & you will get a pin for the current year that you have been involved in 4-H. All that is required is for you to RSVP that you are coming.

Questions call	Ann	(425) 319-2933
RSVP mander@wsu.edu	Marilyn Segle	(425) 357-6005
RSVP smp250@aol.com	Marilyn Stout	(360) 572-4425

*Extension programs and employment are available to all without discrimination. Evidence of noncompliance may be reported through your local Extension office.*

# 4-H Council Meeting



October 13th at 7:00 pm in the Cougar Auditorium at the Extension Education Center. If you want to know what is going on and be a part of it, come and join us! We are always looking for new people to become involved! . This is an opportunity to give input on the direction that 4-H takes in Snohomish County.

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## Ambassadors



The 4-H Ambassadors are looking for more members who are willing to promote the 4-H program, help the 4-H council and leaders, and complete community service projects. The Ambassadors would love to have new people attend the meetings held at 7:00 p.m. in the Extension Evergreen Room on the 1st and 3rd Wednesdays of each month.

For specific details about the Ambassador program and how you can be more involved in promoting Snohomish County 4-H, please contact Amber Priestly (at 425-422-4438) or Dana Bigam (at 360-805-5332).

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## BEEF PROGRAM



**October 12th, 7:00 pm – Fair Review at the Extension Education Center**

We will be reviewing our section of the fair book and to determine if any changes need to be made to it for next year. We also review what went well this year and look at improvements to make.

If you want to have a voice in these changes please come we want everyone's input! It is your program, and we want to make it fun and educational for the public. Take pride in your program and what you are doing.

If you cannot attend, you can send any concerns or ideas to either Beth Morrison at [blackangus66@hotmail.com](mailto:blackangus66@hotmail.com) or Debbie Foster at [Debscow@verizon.net](mailto:Debscow@verizon.net)

# The Performing Arts



## Show Biz Kids 4-H Club

For youth in Kindergarten through 12th Grade who are interested in Performing Arts

Would you like to share in exciting stagecraft activities that are happening in Performing Arts?

Each month

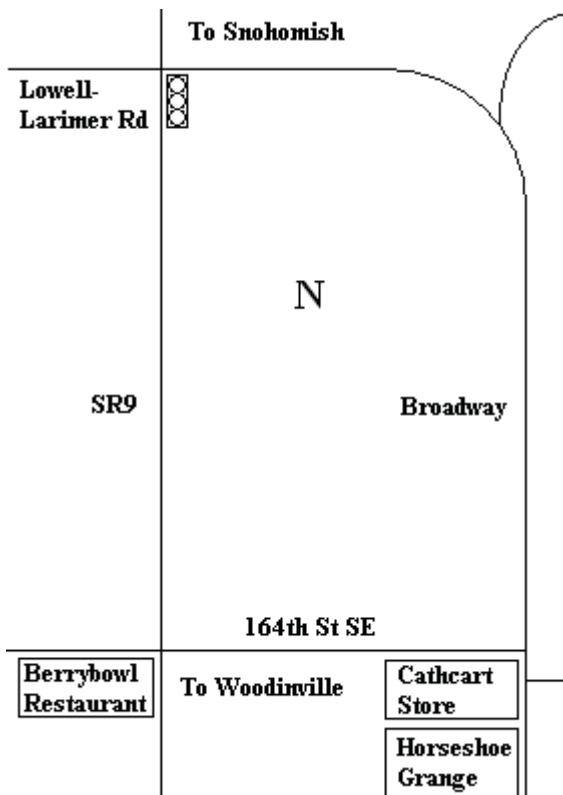
- .. Explore Performing Arts opportunities
- .. Improve your theater skills
- .. Make new friends
- .. Enjoy a great time

**For more information contact:  
Jan Bond at 360-668-6681**

Club meets

- .. Once a month
- .. On the second Tuesday of each month
- .. 7:00-8:00 p.m.
- .. At the Horseshoe Grange Cathcart/Clearview Area

164th and Broadway, Snohomish



Written, produced and directed by:

Jan Bond  
Snohomish County 4-H  
Performing Arts Program Leader

Assistant Directors:

Dianna Engeseth  
Lori Pehling  
Robert Bond  
4-H Leaders

Executive Producer:

Washington State University  
Extension Snohomish County

# Program News

## 4-H Natural Resources

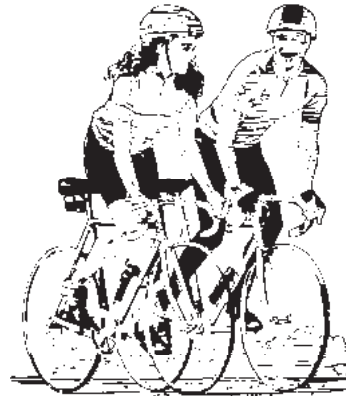
### 2010 - 2011 Calendar of Events

**2010**

**October 2010**

**2 ~ Burke-Gilman Bike Trail**

Enjoy a nice, leisurely bike ride to welcome the Fall (Beginner / Gabrielle & Jakob)



**7 ~ Orientation to Natural Resources**

Opportunities for new families to learn about our Natural Resources Program. All Invited / 7 PM / Extension Office)

**13 ~ Monthly Planning Meeting**

(All Invited / 7 PM / Extension Office)

**16 ~ Rattlesnake Mountain Day Hike**

Four mile roundtrip through thick forest to the lookout on top of Rattlesnake Mountain. (Beginner / Auston)



**24 ~ Wilderness Survival Workshop**

Learn skills to survive in the wilderness. (Beginner / Dustin)

**27 ~ TRIP SIGN-UP MEETING**

Guest speaker & information on trips scheduled for the following 4 months. (All Invited / 7 PM / Extension Office)

**30 ~ Salmon Tour Guide Training**

Learn about the life cycle of the salmon and how to share that information with others. (Beginner / Gabrielle & Sandy)



#### Event Leaders

Anna Osborn	425-770-7006
Auston Mathis	425-327-7062
Bob Clemence	360-668-9002
Chris Clemence	425-318-0835
Dottie Nelson	425 485-4736
Dustin Edwards	425-319-0918
Gabrielle Roesch	425-357-6011
Jan Christensen	425-770-5192
Lisa Jacobs	425-530-1487
Marcus Osborn	425-760-5855
Ray Schumacher	206-940-6904
Sandy Clemence	360-668-9002
Stevan Rexroat	206-919-5897
Ted Pyles	425-338-2559

# Program News

## SnoCo 4-H Sewing & Needlework Program 2010-11

The 2010-11 program was created in response to many of your suggestions.

We have 4 "series" for more depth in the sewing/needlework experience.

We have 3 Saturday-Sew (make-and-take style) workshops and the Pre-fair extravaganza.

Our programs meet on different days/times to accommodate more schedules.

We are sewing and needling the things YOU want to sew. Thanks for your input!

To assist our leaders/educators in planning the events, pre-registration is required. To enroll, e-mail the address provided with each description.

### **Saturday Sew, October 9, 10:00am – 2:00pm, Cougar Auditorium/Extension Office**

Snohomish County 4-H Sewing Advisory Council\* meets 9:30 – 10:00. Main agenda item: selecting a service learning project

### **THE JOY OF SILK—DYEING!**

with Carla Peery, CTA



Color your own silk fabric or silk scarf; easily and quickly. Explore the fascinating art of silk dyeing with Carla. Mix your own colors, develop a plan based on guidelines for geometric, repeat, and border designs: use multiple techniques—immersion, brush, silk screen—to layer colors and patterns. Take home a finished silk scarf or a yard of dyed silk for your next creative project. The element of surprise adds fun to creativity!

Cost: Bring \$8/person for a silk scarf OR 1 yard of China silk (Habotai 8mm). All other materials will be furnished. To enroll: [lhbikos@spu.edu](mailto:lhbikos@spu.edu)

### **SAMPLER AFGHAN SERIES with Lynne Green, CTA, Evergreen Room/Extension Office**

Saturdays, 10:00am – 2:00pm, Oct 9th, January 22nd, April 16th,

Learn new stitches, pattern reading, and assembly techniques. Your "afghan" (fancy word for "blanket") could be as small as a pot holder or as large as a quilt! Get started now!

Supplies needed: One skein "worsted weight" acrylic yarn (such as Red-Heart SuperSaver). Crochet hooks, size G and H. Yarn needle. Scissors. Booklet: 63 Easy-To-Crochet Pattern Stitches, by Leisure Arts. To enroll: [lhbikos@spu.edu](mailto:lhbikos@spu.edu)



# Program News

## **PAJAMA PARTY!/GARMENT CONSTRUCTION with Adele Lee & Ronda Holmdahl, CTA**

### **Evergreen Room/Extension Office**

Sunday afternoons 2:00 – 5:00pm, Oct 10th, Nov 14th, Apr 10th



**Pajama Party!** In three sessions (or less!) you will make a set of pajama pants! More importantly, you will learn how to use a pattern, adjust the pattern, and use techniques common to clothing construction. If you finish your PJ pants early, Adele will help you select and start your next clothing project.

Prerequisites: Basic sewing experience/familiarity with a sewing machine is required. Workshop is limited to 6 enrollees. To enroll: [adele@gramorwa.com](mailto:adele@gramorwa.com)

## **SHEEP TO SHAWL with Lila Chapman, BarnPlace in Woodinville**

Sheep shearing Sat. Sept 25th; Other sessions: Saturdays Oct 2nd, 16th, 23rd; Nov 6th, 13th, 20th. All sessions 12:00pm – 4:00pm.

**We start with a sheep shearing!** And continue with wool washing, felting, carding, dying, and product production (like crocheting, knitting, and weaving!).

Prerequisites: None. Workshop is limited to 12 enrollees (plus interested parents). Cost approximately \$15.00 per person. To enroll: [costumbarn@frontier.com](mailto:costumbarn@frontier.com)



\*Snohomish County 4-H Sewing Advisory Council: All 4-H'ers who are enrolled in sewing projects are welcome to join the Sewing Advisory Council! Officers are elected in October. In the winter and spring months, the Sewing Advisory Council will help plan the Snohomish County Sewing Invitational and continue to define who they are and what they will accomplish as a group.

Some things to keep in mind:

Sewing and needlework program meetings are an optional supplement to any 4-H'er enrolled in the sewing project. While not required for participating in Fairs, this is an opportunity to learn more about Fair requirements and activities.

The sewing events are from 10:00 am to 2:00pm on Saturdays -- there is lots of time for sewing, socializing, and lunch! You are welcome to join us for all or some of the time.

Bring your sewing machine or crochet/knitting supplies, and your sewing basket to each meeting. Bring a sack lunch to the Saturday Sews!

To receive regular e-mail updates about the sewing/needlework program, please e-mail Lynette ([lhbikos@spu.edu](mailto:lhbikos@spu.edu)) and ask to be added to the distribution list.

Unless otherwise specified, meetings are at the County Extension Office, 600 128th St. Everett, WA. Directions to the Extension Education Center: From I-5, take Exit #186, 128th St. SW. Turn east and drive 1/2 mile. Turn into McCollum Park and follow the park road to the back of the park. The Ed. Center is the middle building of the office complex at the back of the park.