

CLOVERLEAF

NEWS FROM SNOHOMISH COUNTY WSU EXTENSION • JANUARY 2014

Remarks from the Park...

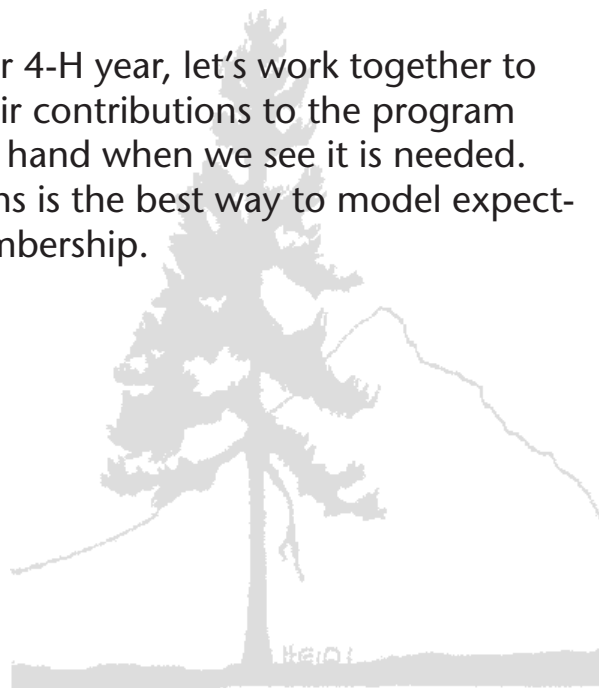
Providing an appropriate recognition of an achievement or good deed is often a difficult task. What defines "appropriate"? When is a little bit enough, or a lot is too much? These are questions we face every day as we interact with other people. Often, the lack of available funds keeps us from providing what we feel might be appropriate recognition.

Keep in mind, however, that there are many ways to recognize someone's efforts. Whether you are dealing with youth members or adults, I don't know many people who do not appreciate a nice note of thanks or positive feedback. A simple, "you did great with that project" will go a long way to let someone know how you feel about their actions. And an offer to help an already too busy person would certainly be welcome.

As we progress through our 4-H year, let's work together to recognize our peers for their contributions to the program and offer to lend a helping hand when we see it is needed. Encouraging positive actions is the best way to model expected behaviors from our membership.



Jana S. Ferris
County Extension Faculty



Kudos

To the leaders that taught at the Youth Leadership Summit and everyone else that helped to provide a very active day for our youth leaders.

To all of you that have wonderful community service projects going on, thank you for giving back to our communities.

To the program leaders that are providing wonderful workshops and events for our youth.

4-H EVENTS CALENDAR

Check it out

https://www.google.com/calendar/embed?src=djfooster%40wsu.edu&ctz=America/Los_Angeles

**Don't forget to submit your dates to the 4-H Office
so they can be added to this county 4-H calendar!**

**Send them to
djfooster@wsu.edu**

4-H Council Meeting

Put it on your calendar. **January 8th** at 7:00 pm in the Cougar Auditorium in the Education Center building. Come and join us! We are always looking for new people to become involved!

This is an opportunity to give input on the direction that 4-H takes in Snohomish County.

Other meeting dates are, **March 12th**, **May 14th**, and **July 9th** be sure to put these dates on your calendar.



Snohomish County 4-H Cavy Program

Jodi Stebbins

County Program Leader
jodi.stebbins@noaa.gov

Meetings begin at 6:00pm

Extensions (behind McCollum Park and Ride)
600 128th ST SE, Everett WA 98209



January 15, 2014
March 12, 2014
May 8, 2014
July 10, 2014

County Shows:

January 4, 2014
April 26, 2014
June 7, 2014

Requirements to qualify for Evergreen State Fair 2014:

Attend 1 County Cavy 4-H Meeting & Attend 1 County 4-H Cavy Show

*Extension programs and employment are available to all without discrimination.
Evidence of noncompliance may be reported through your local Extension office.*



Enrolled Volunteers Reporting Your Volunteer Hours



If you are having trouble connecting to the Volunteer Report Site please update their address to the following listing. Put it in your “favorites”. If you have any problems let me know.

Logon to:

<http://ext.wsu.edu/Volunteers/default.aspx>

Your user name is usually your last name (if just your last name doesn't work add your first initial; SegleM. Keeping adding initials up to three; SegleMar – no one has more than 3). The password is - **password!** (remember the exclamation point – no caps). If you still are unable to login; call me. Click on Enter Activity – Select an Activity; you have four selections – pick the one that is closest to what you were doing, generalize. Pick the date add the hours and save. You can go back to previous months and add hours.

4-H reporting starts with October 1, 2012 and continues through the year. Even report your reporting hours. Please take the time now to sign on and fill in the blanks.

Contact Marilyn Segle mander@wsu.edu or call 425-357-6005. I will walk you through the process.

Photography Workshops

Put these dates on your calendar for workshops. These will be held at the WSU Snohomish County Extension Education Center in the Evergreen room.

These are the themes for the photography program month by month. Teri is challenging all the youth to take some photos with the theme in mind. They can pick the theme from each month's list that appeals to them. She would also like them to bring them on a flash drive so that they can be shared at the program meeting. Please add the themes to your program information that you send out.

- January 5 1-4 pm Holidays, lights, ornaments, winter, new year/new beginnings
- February 16 2-4 pm Black history month, Martin Luther King, Valentine's Day
- March 9 2-4 pm Black history month, Martin Luther King, Valentine's Day
- April 19 2-4 pm Rain, new growth
- May 17 2:30-4:30 pm Gardening, flowers, May Day
- June 14 2-4 pm Gardening, flowers, May Day
- June 23 7-9 pm (Prepare- 4 - Fair)

I will send more information about each program as the meeting date draws closer.

Everyone is required to bring pen/pencil, paper (for taking notes) and their camera!

Contact: Teri Mixell terimixell@gmail.com or 425-438-8342

2013-2014

SNOHOMISH COUNTY 4-H FOODS PROGRAM

Workshops and other important dates

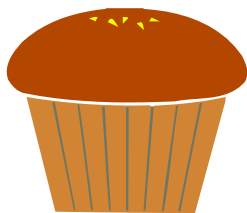
- Jan. 31st** Bake for Train show 5pm-9pm @ Ext office
Muffins (pumpkin, blueberry, orange/cranberry) Cinnamon rolls
Chocolate donuts
- Feb. 1st & 2nd** Train Show at ESF
- Feb. 15th** Soup Workshop 10am-2pm @ ESF
Soup (Potato, Bacon Cheddar) Sourdough Bread Bowls
- March 29th** Ethnic Food I 10am-2 pm @ ESF
Tea (mint, Asian, English) and lemon tarts
Mini quiches Crumpets Scones
Whipped Cream
- April 12th** Ethnic Food II TBD 10am-2pm @ ESF (Needs a parent volunteer to run)
Volunteer parent's choice Indian or Mexican?
- May 17th** BBQ @ Allen Home in Bothell
BBQ (Skirt or Flank steak) Portobello mushrooms
Grilled pineapple or other fruit
- June 7th** Field Trip
Picnic, Taylors Shellfish, The Bread Farm
- July 12th** Food Preservation Workshop 10am-2pm @ESF
Fruit leather for oven recipe and juice as a by product

Pre-register with:

Selina Allen-Clark 425-772-0074 selina.k.allen-clark@boeing.com

ESF=Evergreen State Fairgrounds, Monroe

EXT office= WSU Extension Office @ McCollum Park, South Everett



Snohomish County 4-H Sewing & Needlework Program 2013-14

	<p>LAP QUILTS <i>w Carla Peery, CTA and Kayleigh & Sandi Johnson</i> <i>Sundays Jan 12 & 26; Feb 23</i> 1:00 – 5:00pm</p>
<p>PERFECT (FITTING) PANTS! (for advanced sewists) <i>w Patricia Watson & Janet Wilkie, CTAs</i> Sats Mar 8 & 15; Apr 12; May 10 10:00am – 2:00pm</p>	
	<p>4-H FLEECE VESTS! <i>w Lynette Bikos</i> Sats Apr 12 & May 10 10:00am – 2:00pm</p>
<p>DO-IT-OVER WITH JEANS & TS! <i>w Carla Peery, CTA</i> Sats Apr 12 & May 10 10:00am – 2:00pm</p>	
<p>CROCHET & MORE CROCHET <i>w Marianne Hardy, CTA</i></p> <ul style="list-style-type: none"> • Crochet beanie hat (Jan 12, 26) • I-Pad/Cell phone covers (Feb 23, Apr 12) • Embellishments (May 10) 	
<p>OPEN SEWS (PREP FOR FAIR, OPEN SEW, SPEAKERS): Tuesdays, 6:00 – 8:30 pm July 8th & 22th</p>	

More about the Sewing & Needlework program

- This flyer is merely a “quick advertisement” of the program. Please e-mail Lynette (lhbikos@spu.edu) to receive the “course catalog” that contains detailed information about the sewing program, the workshops (RSVP deadlines, supplies needed, prerequisites, enrollment instructions.), and options for 4-H membership. Additionally, Lynette will add you to the Sewing & Needlework Program’s e-mail distribution list so that you can receive regular program updates and announcements.
- For workshops that involve machine-sewing, **bring a working sewing machine, its manual, and sewing basket with supplies.** If you do not have a sewing machine, please contact Lynette (lhbikos@spu.edu). We will do our best to make sure an “extra” is available.
- Sewing and Needlework workshops require a considerable investment from our volunteer leaders. Therefore **RSVPs are required and minimums are needed.** Please honor your RSVP by following through and attending the workshop. Plus, consider bringing a friend so that we workshop “makes.”
- **Need to find a 4-H Sewing Club?** If you are a “sewing-only” 4-H’er, you are welcome to join the *Lucky Clovers*. Lynette Bikos is the Club Leader. All business meetings (~30 minutes) will be jointly held with the Sewing Advisory Council during selected “Saturday Sews.”

For more details about the sewing program:

Lynette H. Bikos, Ph.D.
 Snohomish County Sewing Program Leader
lhbikos@spu.edu



Extension programs and policies are consistent with federal and state laws and regulations on nondiscrimination regarding race, sex, religion, age, color, creed, national or ethnic origin; physical, mental or sensory disability; marital status, sexual orientation, or status as a Vietnam-era or disabled veteran. Evidence of noncompliance may be reported through your local Extension office.

Quality Assurance Training

As our county fair is approaching it is time to look at your market animal with a critical eye. When you exhibit at the fair, you are showcasing your project for the year and all the work that you have put into it. Animals should be market ready at fair, both for breeding and meat projects. Above all, animals should be in prime health, have no antibiotic or chemical residues and adhere to quality assurance standards. When exhibiting your animal keep in mind that you are showing them as if they are to be harvested the day of show. Be mindful of pull dates for antibiotics and medications, keep good records and practice good biosecurity. Generally premium moneys are paid out based on yield grades at stock shows.

A market hog is approximately 220 to 290 pounds live weight. Only barrows and gilts are eligible for market sale.

Market cattle are approximately 1000 to 1200 pounds and not older than 30 months.

Market sheep are 95 to 150 pounds and can be a wether or ewe. Castration must be done at least 6 weeks prior to a show. All milk (lamb) teeth must be visible.

Market Goats are at least 60 pounds and can be a wether or ewe. Castration must be done at least 6 weeks prior to a show. All milk (lamb) teeth must be visible.

Quality Assurance classes will be the last Monday of each month with the exception of May which will be on the 19th. We will meet at 7 p.m. at the Extension Education Center.

Please pre-register with Beth Morrison, if less then 10 the workshop will be cancelled.



For questions please email beth.morrison@wsu.edu

CAT PROGRAM

Our third annual **Caturday** is coming soon!

January 12th 10am-4:30pm at WSU Extension Education Center.
Cost is \$15 for all day workshops, lunch and your patch for completing Caturday.



Please pre-register no later than January 2nd.

We need a count on how many are coming for our patches order.
e-mail: Sue Sanderlin-Berry (xotc@premier1.net) and sign up now. Thank you!

Reminder: to qualify for Fair you must attend two county events, one must be a show.

The dates for this year's events are:

Shows: April 26th and June 7th

Clinics: March 30th 1 to 4pm Cougar Auditorium - First Aid???
May 31st Evergreen room 1-4pm - Public Presentations, Poster, Cage and ???
June 28th Cougar Auditorium 1-4pm - Breed Seminar

Any questions please contact Candi Burke, 360-794-4274

4-H Gardening Workshop
With support of the Master Gardeners

How does that Judging Contest Work?
Garden Planning, Seed Testing, and Journal Making
Come Learn all about it!

Save these Dates for the 4-H Gardening Workshops:

Sunday, March 9th 2:00 - 4:00pm

Saturday, April 27th 2:00 - 4:00pm

Saturday, May 31st 2:00 - 4:00pm

Wanted: All youth who love to Garden

Where: WSU Snohomish County Extension Education
600 128th Street SE, Everett, WA 98208
Cougar Auditorium

When: January 11, 2014, Saturday 1:00 - 3:00pm

What: You will learn all about the judging contest, start planning your garden, do some seed testing, and cool ideas for a gardening journal.

RSVP: Diane Kelley, Gardening Program Leader
Creativekidspre@msn.com 360-435-6369

The Performing Arts



Show Biz Kids 4-H Club

For youth in Kindergarten through 12th Grade who are interested in Performing Arts

Would you like to share in exciting stagecraft activities that are happening in Performing Arts?

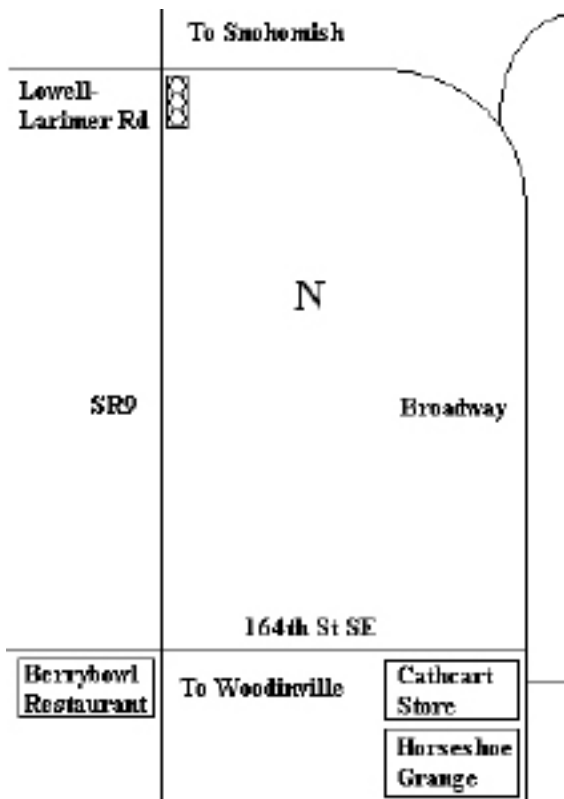
Each month

- .. Explore Performing Arts opportunities
- .. Improve your theater skills
- .. Make new friends
- .. Enjoy a great time

**For more information contact:
Jan Bond at 360-668-6681**

Club meets

- .. Once a month
- .. On the second Tuesday of each month
- .. 6:30-8:00 p.m.
- .. At the Horseshoe Grange Cathcart/Clearview Area 164th and Broadway, Snohomish



Written, produced and directed by:

Jan Bond
Snohomish County 4-H
Performing Arts Program Leader

Assistant Directors:

Dianna Engeseth
Lori Pehling
Robert Bond
4-H Leaders

Executive Producer:

Washington State University
Extension Snohomish County

Natural Resources

January 2014

9 ~ TRIP SIGN-UP MEETING

Guest speaker & information on trips scheduled for the following 3 months.
(All Invited / 7 PM / Extension Office)

11 ~ Eagle Float Trip

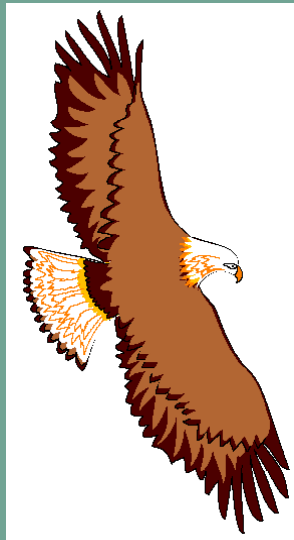
The Skagit River is the feeding ground for over 500 eagles in the winter.
Prerequisite: Water Safety Class.
(All Invited / Dottie)

23 ~ Monthly Meeting

(All Invited / 7 PM / Extension Office)

25~ Indoor Rock Climbing

(Beginner / Nadine)



Event Leaders

Dottie Nelson 425 485-4736
Heidi Hunt 360-794-9675
Kathy Rostrom 425-766-3918
Lisa Jacobs 425-530-1487
Vickie Sawade 425-745-9308

February 2014

8~ Snoqualmie Pass Snow Play

Enjoy the snow by participating in a variety of activities at Snoqualmie Pass.
(Beginner / Robert)

22 ~ Tualco Biodigester

See how cow dung is turned into biogas - a process on the forefront of ecoconservation.
(Beginner / Vickie)

27 ~ Monthly Meeting

(All Invited / 7 PM / Extension Office)

March 2014

8 ~ Jetty Island / Sea Lion Tour

Boating trip to view sea lions and learn about Jetty Island. Prerequisite: Water Safety Class.
(Beginner / ???)

21-23 ~ Cama Beach Camping Trip

Camp in cozy cabins along the beach on Camano Island. Play games, eat and have fun getting to know others in Natural Resources.
(Beginner / Dottie)

27 ~ Monthly Meeting

(All Invited / 7 PM / Extension Office)



Snohomish County 4-H Rabbit Show



January 4, 2014

Evergreen State Fairground

Beef Barn

Monroe, WA

**Vet Check:
start 7:30am
Judging:
start 9:00am**



Send Entries To: Lindsey Kramme
207 Angeline Ave
Granite Falls, WA 98252
Phone: 425-512-3933
E-mail: lionheartrabbitry@gmail.com

Advanced Entry Deadline must be postmarked by 12/30/2013

Email Entry deadline 1/2/2014

Advance Entry Fee: \$3.50 Per Rabbit or Fit & Show Only

Late Entry Fee: \$4.50 Day-of-Show Entry Fee: \$5.00

(No return or refunds for scratched entries or no-shows.)

(Please use one form per member/Add a sheet for more rabbits)

NAME _____
ADDRESS _____ PHONE _____
CLUB _____ AGE _____ GRADE _____

Fit and Show ONLY: (Circle One) Yes No

Age Group: (Circle One Below - If Novice, circle "NOVICE" and then appropriate age group.)

PRIMARY * NOVICE (First Year Member) * JUNIOR * INTERMEDIATE * SENIOR

EAR #	BREED	VARIETY	Jr/Int/Sr	SEX

**TOTAL COST = # of Rabbits X \$3.50 (or F&S only @ \$3.50 x 1) = _____ Amt. Enclosed
(Avoid the Late Fee @ \$4.50 or Day-of-Show Fee @ \$5.00 by responding before deadline!!)**

Make checks payable to "Snohomish County 4-H Rabbits"

Cooperating agencies: Washington State University, U.S. Department of Agriculture and Washington counties. Cooperative Extension programs and employment are available to all without discrimination. Evidence of noncompliance may be reported through your local Cooperative Extension Office.



2014 Winter Cavy Show
Sponsored by the Little Rascals 4-H Club
Saturday, January 4th

Beef Pavilion at the Evergreen State Fairgrounds in Monroe

Check-in/Vet Check 8:00-8:45am

Show starts at 9:00am



Send Entries To:

Jenny Anderson

7028 Heron Ct

Arlington, WA 98223

or: anderson7028@comcast.net

For questions contact Jenny Anderson at 425-328-6066 or the above email

There will also be a **Costume Contest** and a **Poster Contest!**

Entry Deadline: Must be received by December 31st

Entry Fee is \$4.00 per Cavy and \$5.00 for Fitting and Showing

\$10.00 Late Entry Fee

Make checks payable to Little Rascals 4-H Club

***If there are less than 15 entries by the deadline, the show will be cancelled**

ENTRY FORM

Name _____ Club _____

Address _____ Phone _____

Email _____

Please circle your Fit and Show Age Class

Primary Junior Novice Junior Intermediate Novice

Intermediate Senior Novice Senior **(if this is your first year, you are a novice)**

Cavy Info

Ear Tag #	Sex	Age	Breed	Variety
<i>Ex.-000</i>	<i>Sow</i>	<i>Senior</i>	<i>American</i>	<i>Broken Color</i>

Amt Enclosed _____ (Total Cost=# of Animals X \$4.00 and Fit & Show Fee \$5.00) If you are bringing more animals, second page may be added. **Use new form for each 4-H member.** Thanks!

Cooperating Agencies: Washington State University, U.S. Department of Agriculture and Snohomish County. Extension programs and employment are available to all without discrimination. Evidence of noncompliance may be reported through your local Extension office.