



4-H Friday Update March 4, 2011

Area I Leader's Meeting - Monday, March 7 at 7:00 p.m. at the Ephrata Public Library.
Demonstrations for Area I youth will be Monday, May 2, 7:00 p.m. at the Ephrata Public Library. For information please contact Jackie Pope at 289-9563.

You're Invited to Join 4-H in Answering the President's Challenge

As part of 4-H's involvement with the Let's Move campaign, 4-H National Headquarters has started a group to take the President's Challenge together - and you and your family are invited to be part of it!

The President's Challenge is for one million Americans to complete the Presidential Active Lifestyle Award (PALA). **4-H is answering this call by setting a goal to have 100,000 4-H members and their families complete their PALA.**

The Presidential Active Lifestyle Award recognizes those individuals who log their recommended physical activity for six weeks, five days a week (60 minutes for youth, 30 minutes minimum for adults).

Signing up for the 4-H group is simple. All you have to do is register. It's quick, and there's no cost to participate!

HOW TO JOIN:

- 1) Go to http://www.presidentschallenge.net/login/register_individual.aspx
- 2) Fill out the registration form.
- 3) When you arrive at your personal dashboard page, click on the groups tab and join the 4-H group.
 - **Your Group ID Number: 96548**
 - **Your Group Name: National 4-H Program**
- 4) After registering, start logging your activities. As you log activities you'll be able to track your progress toward winning a President's Challenge Award or Medal.

Good luck!

The President's Challenge -- www.PresidentsChallenge.org
Let's Move Campaign -- www.letsmove.gov



Did Someone Say 'Award'?

It's easy to earn the [Presidential Active Lifestyle Award](#). All it takes is a nearly daily commitment to physical activity for 6 out of 8 weeks. Stick with the program and you'll earn an award in less than two months. So what are you waiting for? [Sign up today!](#)

Equine Members. Mark your calendars for county spring and summer dates at the Grant County Fairgrounds educational seminars.

This year we will have several events on Thursday evenings from **5:00 -9:00 p.m.**
June 30, July 7, July 28, and August 4. Weekend events will be **May 7 and July 16-17.**

Location at the fairgrounds may vary so look for us at the pavilions, outside arenas, or the rodeo grounds.

Ken Ardell Scholarship. We continue to be blessed with 10 \$1500 dollar scholarships for 4-Her's (see the [Ken Ardell scholarship application](#) for criteria). Six of the 10 scholarships are granted to recent high school graduates and four are granted to continuing education opportunities. The second part of that sentence is important as that means you can keep applying while you are in college. If you have not noticed, most scholarships are for entering students, not always continuing. Either entry level, the scholarship is due April 1st.

Other Area Scholarships? Would someone email me (drusso@wsu.edu) with current details for area scholarships? Area III and Area VI have had them in the past. Other areas?

Enrollment. We still have enrollment packets for the following clubs:

- ✿ Barn Bums
- ✿ College Classys
- ✿ Dream Catchers
- ✿ Llama Adventures
- ✿ Super Seven

Please let us know your intentions for enrollment this year.

Thanks to all of the general leaders who have worked hard this year to get enrollments well underway. Remember that new members can come on as late as June 1, unless they are in a livestock project which requires ownership dates at an earlier time. See the calendar below for ownership dates.

— ATTENTION TEENS —

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If you have not already, please take five minute and do this survey. It will help Chris with his senior project and our programming. Thank you very much for your time. Please follow this link to the online survey <http://www.surveymonkey.com/s/756JMXW>.

P.S. This would be a good club activity at your next meeting!

ATTENTION TEENS (insights from Tuesday News)

County Teen Representative Program Gets a New Name

In an effort to provide leadership growth and opportunity for middle school 4-H members, the County Teen Representative Program was formulated about eight years ago. The concept of this opportunity has been to bridge the gap between elementary and high school by providing increased leadership skill development and focused leadership beyond the club and into the county level for teens between 7th and 10th grades. Although a State supported 4-H opportunity, each county personalized their program.

Recently, we have discovered that the acronym for this program, 'CTR', is in conflict with the acronym for another youth affiliated program. It is causing confusion and unfortunately limiting potential involvement by youth and communities. We have decided to change the name from County Teen Representative to County Ambassador or CA. This change will be immediate. Advantages:

1. County Ambassador is an established 4-H project code making it easier to recruit and enroll youth locally.
2. A county may have a teen group that includes several County Ambassadors but would identify 2 to 4 officers or leaders to represent their group at the State level.
3. The title is a lead in to the State Ambassador program which is the next step in the 4-H leadership opportunity progression.

The group's logo can be downloaded at: <http://4h.wsu.edu/members/countyambassador.html>. The upcoming Leadership Summit training, March 19-20 is specifically for the County Ambassadors.

Time to Register Middle School Youth for "4-H Leadership Summit"

For County Ambassadors (formerly County Teen Representatives) or any youth grades 7-10th wanting to increase their leadership skills.

When: March 19-20th, 2011

Where: Camp Koinonia, Cle Elum, WA

Cost: \$65



For flyer, registration, forms and schedule-<http://4h.wsu.edu/members/summit.html>

Important Information & Dates for Volunteer Leaders

Each club is required to send a leader or representative to at least three leader meetings a year.

- ✿ **County Council** meets the first Monday of every other month at 7:00 p.m., alternating between the Grant County Fairgrounds, Fuller Building (December, April, August) and the Othello Fairgrounds, 4-H Building (October, February, June). **(PLEASE NOTE:** subject to change – please watch the Friday Update for any location or time changes)
- ✿ **Area Council** meetings are determined by your area.
- ✿ **The Grant County Livestock Committee** meets the second Thursday, February through September at 7:00 p.m., Grant County Fairgrounds, Fuller Building.

Report Your Volunteer Hours Every Month. If you are a volunteer leader, you will need to log your volunteer hours monthly at <http://4h.wsu.edu/volntr/reporhours.html>. Your user name will be either your last name only or your First & Last name with a space in between. The password is password! (don't forget the exclamation point).

Each year all leaders need to take the 4-H Volunteer e-Learning Course online at <http://4h.wsu.edu/volunteertraining/course.html>. The Password is volunteer. Click [HERE](#) for a pictorial overview and tips.

2011 Important Dates: Grant County

December 1	Enrollments are Due for Existing Clubs
December 1	Club Financial Summary is Due
January 1	Dairy - Sale Springer & Bred Heifer Certificates are Due
April 1	Horse Ownership Certificates are Due
April 1	Beef Ownership Date - Weigh & Tag Day - to be announced
May 1	All other Dairy Ownership Certificates are Due
May 8	Market Swine Ownership Date
May 12	Llama Ownership Date
June 1	Enrollments are Due for New Clubs
June 8	Market Goat Ownership Date
June 10	Market Sheep Ownership Date– Weigh & Tag Day - to be announced
June 30	Pork Quality Assurance Needs to be Completed
August 1	Secretary Books are Due to Extension Office

2011 Important Dates: Adams County

December 1	Enrollments are Due for Existing Clubs
December 1	Club Financial Summary is Due
February 1	Dairy - Sale Springer & Bred Heifer Certificates are Due
April 1	Horse Ownership Certificates are Due
April 30	Beef Ownership Date
May 1	All other Dairy Ownership Certificates are Due
June 1	Enrollments are Due for New Clubs
June 12	Llama Ownership Date
June 15	Market Swine Ownership Date
June 15	Market Sheep Ownership Date
June 30	Pork Quality Assurance Needs to be Completed
July 8	Market Goat Ownership Date
August 1	Secretary Books are Due to Extension Office

Any class of animal must comply with minimal state requirements. See Publication EM 0758E - Washington State 4-H Youth Development Program Policy [Click HERE for PDF](#)