



4-H Friday Update April 15, 2011

Del's Paper Clover Campaign. Del's in Othello and Ephrata will be onboard for this Spring's Paper Cover Campaign. Please visit their stores between April 15-25 and support 4-H. Several clubs have stepped up to showcase 4-H. **A big thank you to White Trail Riders, Show Stoppers and Desert Swine.** Please note that on April 23, Mark Weber has arranged to have an animal nutrition talk at the Othello's Del's store. Call Mark at 760-7664 or read next week's Friday Update for the time.

Bridgeport, WA High School is one of six national finalists for President Obama to speak at their commencement ceremony as part of his focus on GradNation (increasing high school graduation rates in America). Please check out the link to the 2011 Race to the Top Commencement Challenge at <http://www.whitehouse.gov/commencement>

From the Tuesday 4-H e-News:

Read this newsletter online at: <http://4h.wsu.edu/news/Tues/2011/041211.htm>

4-H online calendar: <http://4h.wsu.edu/calendar.htm>

In This Issue . . .

- Goat Academy Coming to Mid-Columbia
 - It's Beef-o-Rama/Porkapalooza/Lamboree Time Again!
 - 2011 State 4-H Forum
 - 4-H Teen Conference
 - 100,000 4-H Members Expected to Complete the PALA Challenge
 - 4-H Robotics: Engineering for Today and Tomorrow
 - Natural Resource Camp
 - Imagine U at WSU
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VOLUNTEERS: REMEMBER TO REPORT YOUR HOURS EACH MONTH

SO FAR THIS YEAR WE HAVE 11 VOLUNTEERS WHO HAVE REPORTED A TOTAL OF 80 HOURS.

P.S.: The following clubs need to get their enrollment packets completed before their club can be enrolled: Circle Burners and Country Club, please contact Marlene at the extension office.

Study Shows 4-H Youth Healthier than Peers

4-H'ers less likely to smoke, drink alcohol, use drugs

Chevy Chase, MD (April 11, 2011) – According to recent findings from Tufts University, 4-H youth are engaging in positive healthy living behaviors more often than youth that do not participate in 4-H. According to the study, 4-H'ers, regardless of their background, socio-economic status, race, and gender, thrive through the health/safety education and experiences they receive through 4-H programming.

Youth development scholar, Dr. Richard Lerner, works with researchers at the Institute for Applied Research in Youth Development at Tufts University to conduct *The 4-H Study of Positive Youth Development*. The longitudinal study has found that, when compared to other youth, young people involved in 4-H are:

- More likely to spend more time exercising or being physically active;
- Two times less likely to engage in drug use;
- Two times less likely to use cigarettes or drink alcohol.

About the 4-H Study of Positive Youth Development

The *4-H Study of Positive Youth Development* is a longitudinal study which began in 2002, through the support of National 4-H Council. Youth development scholar, Dr. Richard Lerner, worked with researchers at the Institute for Applied Research in Youth Development at Tufts University to conduct the study. Youth are measured in “waves” across time which compared those that participate in 4-H to those that do not. The study is currently in wave seven. The 6,400 adolescents surveyed are racially and geographically diverse representing 34 states in the nation. For more information about the study visit www.4-h.org. Click on ‘About 4-H’ and then ‘Research’.

Important Information & Dates for Volunteer Leaders

Each club is required to send a leader or representative to at least three leader meetings a year.

- ☘ **County Council** meets the first Monday of every other month at 7:00 p.m., alternating between the Grant County Fairgrounds, Fuller Building (December, April, August) and the Othello Fairgrounds, 4-H Building (October, February, June). (Please NOTE: subject to change – please watch the Friday Update for any location or time changes)
- ☘ **Area Council** meetings are determined by your area.
- ☘ **The Grant County Livestock Committee** meets the second Thursday, February through September at 7:00 p.m., Grant County Fairgrounds, Fuller Building.

Report Your Volunteer Hours Every Month. If you are a volunteer leader, you will need to log your volunteer hours monthly at <http://4h.wsu.edu/volntr/reporhours.html>. Your user name will be either your last name only or your First & Last name with a space in between. The password is password! (don't forget the exclamation point).

Each year all leaders need to take the 4-H Volunteer e-Learning Course online at <http://4h.wsu.edu/volunteertraining/course.html>. The Password is volunteer. Click [HERE](#) for a pictorial overview and tips.

2011 Important Dates: Grant County

December 1	Enrollments are Due for Existing Clubs
December 1	Club Financial Summary is Due
January 1	Dairy - Sale Springer & Bred Heifer Certificates are Due
April 1	Horse Ownership Certificates are Due
April 1	Beef Ownership Date (Weigh & Tag Day to be announced)
May 1	All other Dairy Ownership Certificates are Due
May 8	Market Swine Ownership Date
May 12	Llama Ownership Date
June 1	Enrollments are Due for New Clubs
June 8	Market Goat Ownership Date
June 10	Market Sheep Ownership Date (Weigh & Tag Day to be announced)
June 30	Pork Quality Assurance Needs to be Completed
August 1	Secretary Books are Due to Extension Office

2011 Important Dates: Adams County

December 1	Enrollments are Due for Existing Clubs
December 1	Club Financial Summary is Due
February 1	Dairy - Sale Springer & Bred Heifer Certificates are Due
April 1	Horse Ownership Certificates are Due
April 30	Beef Ownership Date
May 1	All other Dairy Ownership Certificates are Due
June 1	Enrollments are Due for New Clubs
June 12	Llama Ownership Date
June 15	Market Swine Ownership Date
June 15	Market Sheep Ownership Date
June 30	Pork Quality Assurance Needs to be Completed
July 8	Market Goat Ownership Date
August 1	Secretary Books are Due to Extension Office

**Horse
Certificate
Due dates
extended to
April 15 for
2011**

Any class of animal must comply with minimal state requirements. See Publication EM 0758E - Washington State 4-H Youth Development Program Policy Click [HERE](#) for PDF